

## **The news has highlighted another world: clinics and hospitals without walls!**

### **Press release**

*Limonest, 01 March 2021*

As the federation of home health care providers states: "The first hospital in France is the patient's home".

The 30 million French households are 30 million potential home-care studios.

At a time when hospital overcrowding is at the heart of the debate, let's ask ourselves the question: why do we stay in hospital? At present, all the conditions are in place for a safe and supervised return home.

### **We are the largest home care network in France:**

STUDIOSANTÉ® is a hospital at home care coordinator specialized in home infusions such as chemotherapy, antibiotic therapy, pain management, enteral and parenteral nutritional assistance etc. This concerns all specialties such as hepato-gastroenterology, oncology, infectology, many surgeries in urology, maxillofacial surgery etc. All these services are coordinated by a hospital at home care nurse coordinator.

STUDIOSANTÉ® is linked, throughout the country, with a network of 127,000 private nurses, all suppliers of medical devices, 55,000 pharmacies, 160,000 family doctors, 77,000 private physiotherapists and 177,000 home care assistants who enable elderly people or people with chronic or acute disabilities to enjoy their living environment and their home. With STUDIOSANTÉ® the patient benefits from 16 years of experience.

STUDIOSANTÉ® is doubly certified by authorized organizations. Everything is perfectly organized and controlled around a nurse coordinator. How much does it cost? The State, the Ministry of Health, the High Authority for Health (HAS) and the patient want to accelerate the development of home care for the well-being of patients. In this context, we have been approved by the health insurance to practice, as in the hospital, the third-party payment but at home.

STUDIOSANTÉ® wanted to create a bridge between the hospital and the home. This bridge was made possible thanks to the transfer of skills from the hospital to the city.

The STUDIOSANTÉ® nurse coordinators were the essential vector of this transfer. These nurses have made it possible to provide care and attention at home without breaking any of the links in the processes. The positive consequences are significant. The good care leads to a reduction in nosocomial infections contracted in health care institutions and prevents hospitalizations.

The range of care services has been expanded with SUITE DE SOINS®. This young company has rapidly become the number one in France for the continuity of home care for patients with acute and chronic wounds. These patients are cared for by nurses specialized and qualified in wound treatment and skin healing.

Already present in more than 55 French departments, they are intended to cover the whole of France and its overseas territories. Gerald Vignal is the President and founder of these two companies.

## **New concept**

Short and optimized hospitalizations and the development of ambulatory surgery have been imposed due to the medico-economic constraints, the introduction of new technologies, as well as the creation of hospital at home care offices.

With recent medical and surgical progress, new surgical techniques such as computer-assisted and robotic surgery have appeared. We also talk about the perioperative management with bleeding control, pain prevention, reduction in the number of osteoarticular or nosocomial infections, rehabilitation, and early mobilization.

IT support with video-consultation, management of diaries and prescriptions online, remote alarm service, connected splints, cost evaluation by pathology, as well as patient satisfaction are now part of the health care, and life paths of patients.

The average length of hospitalization is tending to decrease. The organization of surgical programs and optimized short hospitalization are at the origin of the D0,D1,D2 concept. For hospitals and clinics, greater efficiency means closing ambulatory beds each evening and most conventional surgery beds at weekends.

The orthopedic department, except for the emergency department, should logically be closed on Saturdays and Sundays unless the technical platform and the operating theatre are used 6 or 7 days a week.

## **Orthopaedic Studio®: "Clinic without Walls' for orthopedic surgeons and their patients**

The idea of Orthopaedic Studio® was born out of a meeting with Philippe Neyret, world-renowned Professor of orthopedic surgery and traumatology, and Gerald Vignal. This new structure combines the experience of teams that have been involved for 20 years in organizing and coordinating hospital at home care and the expertise of specialists in orthopedic surgery.

The practice of these principles has made the success of the two leading and historic companies. Patient pathway in the orthopedics and traumatology towards excellence in home care.

The needs of orthopedic surgeons and traumatologists as well as the expectations of their patients have enabled us to define an appropriate response. The patient pathway validated for each pathology by the surgeon is ensured from A to Z, from the consultation to the return to mobility by Orthopaedic Studio®. This response must be efficient in a restrictive medical and economic context. This offer is aimed at all orthopedic and trauma surgery patients in the French departments and territories.

## **Making sure that hospital at home care is ongoing for a return to mobility**

One point that is rarely mentioned is the length of stay prior to hospitalization. Hospitalization is now most often carried out on the morning of the operation rather than the day before. This change, which is often a source of anxiety for the patient, requires regular accompaniment of the patient. This new situation is forcing health care institutions to rethink their services in depth, particularly with a view to providing optimal care for patients at home.

Hospitals and clinics must ensure that patients receive professional support and maximum safety both during their stay in a care facility and when they return home. It is this continuity of care logic that has

led health establishments to approach STUDIOSANTÉ®, which has dual ISO 9001 and Quali'PSAD certification. SUITE DE SOINS® obtained the Quali'PSAD label this year.

Since March 2021, a specialized organisation for hospital at home with the Orthopaedic Studio® concept has made this new patient care possible in complete safety. For example, Orthopaedic Studio® informs and instructs the patient 15 days in advance. It assists the patient in preparing for the hospitalization, which reassures him.

### **Care facilities associated with Clinic without Walls provides global cover.**

Orthopaedic Studio® has built its offer on the values of proximity with its patients. A philosophy that makes the patient a real player in his or her own health by guaranteeing an individualized journey of care, 7 days a week, 24 hours a day.

Its specialized nurses, life assistants and social workers work with any person who has lost some or all their independence. This strategic link between health establishments and this new hospital at home concept gives rise to a new hospital at home model, delivered by Orthopaedic Studio®.

These services range from planned discharge from a hospital with accompaniment at home to transitional care with close monitoring or long-term care, to post-operative monitoring. Services at home, requiring intravenous or subcutaneous pain management, are covered by health insurance and mutual insurance companies on medical prescription.

### **A complete care pathway**

It is a question of recreating around the patient, at home, all the environment and the services that the patient would find in a treatment room. Thus, the surgeon can discharge his patient in complete peace of mind. The operated patient finds at home his «medical studio» created and adapted to his situation.

Hundreds of thousands, millions of studios can be created at the patient's home. They are placed under the control of the nurse coordinator, a real health executive who ensures coordination and liaison with the doctors and all the care providers involved with the patient. In addition to competence and professionalism, she also embodies the proximity and human touch that are an integral part of the Orthopaedic Studio® proposal.

From the consultation to the patient's home, via hospitalization, Orthopaedic Studio® now offers a genuine hospital at home care center. Most of Orthopaedic Studio®'s patients are operated on and have benefited from outpatient care, but this is not always the case. Dependent patients living alone are still sometimes reluctant because of old or cultural habits.

This obstacle is gradually being overcome. The only real limitations remain patients with multiple fractures or polytrauma and, more rarely, certain major spinal surgeries, prosthesis revision, severe joint infections, or even certain cancers.

### **A revolutionary offer anchored in the history of STUDIOSANTÉ®**

Among the health challenges of the 21st century, strengthening home care is a priority for STUDIOSANTÉ®, SUITE DE SOINS® and Orthopaedic Studio®. The care institutions will now benefit from a synergy adapted to the demands of the health insurance and the patient.